



How FOMO is making you miss out!: Curb FOMO where social media rules.

Twaambo Kapilikisha

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Is family time at home not the same anymore?

Are those shared moments of laughter and fun activities together a thing of the past?

Imagine being able to leave your phone in one room and being in another, not worried about notifications, missing out or a cataclysmic catastrophe happening

.Imagine enjoying time with your family or lover, living, loving and making memories.

Do you want to know how you can bring your online life under control, AND enjoy your life offline?

This book is for you!

Our lives are bombarded with notifications, newsletters, messages, emails, videos, shares... the list goes on and on.

They all offer information that is useful and entertaining!

BUT it clouds the enjoyment of life without our devices.

This book outlines several tips on how you can regain control of your online life so that your offline life can be that much more enjoyable!

Apply these tips for a clearer more enjoyable life, when you are on your device and off it.

Kick FOMO to the curb and LIVE!

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From reader reviews:

Judith Lucas:

Have you spare time for just a day? What do you do when you have much more or little spare time? Yeah, you can choose the suitable activity with regard to spend your time. Any person spent all their spare time to take a wander, shopping, or went to the Mall. How about open or even read a book called How FOMO is making you miss out!: Curb FOMO where social media rules.? Maybe it is to become best activity for you. You realize beside you can spend your time together with your favorite's book, you can cleverer than before. Do you agree with the opinion or you have other opinion?

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Julie Kappel:

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