



## Fix You: A Memoir

*Amy Passantino*

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## **Fix You: A Memoir** Amy Passantino

Somewhere between *The Glass Castle* and *Smashed*, is *Fix You*: a raw and honest account of loss, love, and forgiveness about my poignant, often destructive journey from losing my mother to finding myself. Her death starts me on an emotional journey, where facing my future means reconciling my past. Along the way I discover my voice, my inner strength, and a life free from guilt and pain. I love my mother, I hate my mother, but sometimes I am my mother. *Fix You* is about finding acceptance in the one place you never thought to look—yourself. From *Fix You*: "I am fixated on her pale face, as she sleeps on the bed across from me, wondering how my mother and I got to this place. It all feels like a distant blur to me as I flashback to what seemed at the time to be irreconcilable differences. It was an important year for me, the year I graduated from college and got a job, so I could finally escape her insanity for good. But, here I sit, at the foot of her bed watching her die. A tear slips down my face. I've become witness to our tragic act; the last words she wrote to me still pierce my heart: You'll be sorry when I'm gone." "Sometimes it is the sharp contrasts in life, the bitter and the sweet; things not working out as planned, relationships falling apart, losing your loved ones—these are the things that shake you and make you appreciate life, see the good in it and love anew the people around you."

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