

Handbook of Counseling Women



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The Handbook of Counseling Women addresses current theories, research, and issues relevant to the mental and physical well-being of women. Edited by Mary Kopala and Merle A. Keitel, this comprehensive volume is divided into three parts. Part One focuses on theoretical, sociocultural, biological, and developmental considerations. Part Two is devoted to assessment, diagnosis, and intervention. Part Three covers supervision, research, and ethics. Most chapters include case studies, recommendations for further reading, and resources for clients.

Essential reading for psychologists, social workers, counselors, and psychiatric nurses, this handbook will also appeal to graduate and undergraduate students in counseling, clinical psychology, and clinical social work courses.

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