



Fresh Vegetable and Fruit Juices

Dr. N.W. Walker D.Sc., Dr. Norman W. Walker

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Dr. Walker explains how the lack or deficiency of certain elements, such as vital organic minerals and salts, and consequently of vitamins, from our customary diet is the primary cause of nearly every sickness and disease. Following his recommendations to consume fresh vegetable and fruit juices, we can furnish our bodies with the enzymes needed for optimal health.

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