



Undecided: How to Ditch the Endless Quest for Perfect and Find the Career—and Life—That's Right for You

Barbara Kelley, Shannon Kelley

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In a world of unprecedented opportunity—and pressure—women are struggling more than ever to make career decisions and move forward without second-guessing themselves. Young women graduate from college and believe they have to find *the* perfect path and then can't decide which way to go. *Undecided* is an invaluable guide to this cultural phenomenon of “analysis paralysis.” Looking at both what the media and academic studies have reported on women, careers, and particularly the undecided phenomenon—as well as personal accounts from numerous women—mother and daughter Barbara and Shannon Kelley discuss how we got to this frustrating place, why it affects women in particular, and how today's culture fuels our fears and distractions. The Kelleys cast a critical eye upon the psychology behind the pressure to choose, and they argue that if women are going to succeed in rising above the often-crippling demands of the modern world they need to take action . . . starting with a serious shift in perspective.

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