



Cougar: A Guide for Older Women Dating Younger Men

Valerie Gibson

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Today's liberated lifestyle has made room for a whole new set of relationships -- older women dating younger men.

She's confident, stylish, sophisticated and sexy, and she knows exactly what she wants -- hot young men and lots of great sex! She's not interested in children or commitment. She's a cougar, and she's on the prowl.

In Cougar: A Guide for Older Women Dating Younger Men, sex and relationships columnist Valerie Gibson takes the reader on a witty romp through all the excitement, satisfaction, drawbacks and pitfalls of dating younger men. Above all, she reminds readers that being a cougar is liberating, empowering and almost illegally fun. From hiding figure flaws during sex to surviving or avoiding a meeting with his (sometimes close-to-the-same age) mother, Cougar is packed with invaluable advice for today's single woman -- whatever her age.



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